

Activity 15: Thinking About Team Building

Time: 10 to 15 minutes

Team building tasks have a reputation for being cheesy, unproductive, and a waste of time. Events seen in this light may not be as effective as other, more enjoyable activities. Take a few minutes and write down all team building events you have participated in throughout your career. If your list is not long, jot down general team building tasks you are familiar with or have heard of in the past. Next, write down your immediate impression of those activities, along with the effectiveness on employee productivity. Keep this list handy for the next time you are responsible for planning these types of activities.