



## **Eyelash Tinting Certificate**



# Table of Contents:

Module 01: Eyelash Tinting Introduction

Module 02: Tools of the Trade

Module 03: How to Conduct an Eyelash Tint Treatment

# Module 01: Eyelash Tinting Introduction

- Adding eyelash tinting to your treatment list as a beauty therapist is a great addition to your skill set
- It is vital to adhere to hygiene, health and safety and client record protocols when delivering an eyelash tinting treatment, this includes patch testing and client consultation before treatment
- To keep your treatment space clean and tidy
- To create a space that is inviting, relaxing and appropriate for beauty therapy treatments.

## In this module you will learn

- An overview as to what you will be covering in the course
- How eyelash tinting can fit into and complement your offering/skills as a beauty therapist
- The importance of conducting a patch test and how to conduct a patch test
- The importance of client consultation and client records
- To ensure your work area is always neat and tidy

The videos in this course summarise the information in each module. You will need to read the text to be able to complete any worksheets and tests.

## Eyelash Tinting Introduction 03m 07s

### 1.1 Introduction

**Welcome to your first Module! Here we give you an orientation as to what you will be covering, and how eyelash tinting can fit into and enrich your offering as a beauty therapist.** Eyelash tinting is a very popular and successful way to achieve defined, impactful eyelashes which really emphasise and enhance the eyes, without the need for mascara. Eyelash tinting is often a favourite for people going on holiday or wanting a 'no-fuss' approach to making their eyelashes look their best. Adding eyelash tinting to your treatment list as a beauty therapist is a great way to boost your appeal to new clients, and to retain existing clients who will now no longer need to go elsewhere to receive their eyelash tint. Eyelash tinting is a great addition to any existing background in lash treatments, or any other face treatments including facials, makeup, or other beauty treatments such as manicures. This course will help you to build your perfect treatment list as a beauty therapist and equip you with all you need to deliver stunning eyelash tints for your clients. Importantly it will help you to combine theory and practice together. Luscious and defined eyelashes have always been associated with glowing health and attractiveness, yet the application of mascara or other lash treatments can, for some people, be an irritation, whether physically or psychologically. For many people, eyelash tinting is a great solution to this problem the client can enjoy beautiful, more natural-looking eyelashes every day, for 4-6 weeks after each tinting treatment.

It is vital that you adhere to hygiene, health and safety and client record protocols when delivering an eyelash tinting treatment.

## 1.2 Important Requirements

**We will go through these in more detail in the modules to come, but it is important to be aware of the following from the very beginning:**

1. You must always conduct a patch test on your client before any tinting treatment. **This is a legal requirement.** Please refer to the demonstration video below.
2. Follow the tint manufacturer's instructions to the letter; these are provided on the tint itself, or in its packaging. Practise these on yourself, or volunteers, before conducting one on a client so that you are confident.
3. You must undertake a very thorough initial consultation with your client, diligently following the prompts and information fields required on your client record card, and then ensure that both you and the client sign it.
4. During the consultation, it is important to find out what the client wants, what their expectations are, and any issues you may need to be aware of, such as skin sensitivity or allergies, which may be contraindications. You must also explain potential normal reactions to the treatment (e.g. eyes stinging slightly on removal of the tint).
5. You must keep your treatment space clean and tidy, following all relevant health and safety requirements and aim to create a space that is inviting, relaxing and appropriate for beauty therapy treatments.
6. It is most beneficial to watch the videos in the upcoming modules very closely. You may wish to make notes on the order in which techniques are used, and the many useful pieces of advice; please pause the video to do this as it is vital to watch closely the manual techniques used around the client's eyes.

### Patch Test 04m 09s

### Assignment

**Eyelash Tinting Introduction***Estimated time: 30+ minutes* Work your way through this worksheet to see how well you have really done in absorbing the relevant information. Download the worksheet below and complete.

[Download Worksheet](#)

### SUMMARY

This module has provided you with an overview of what to expect in this course. You are aware of the benefits of learning eyelash tinting; to enhance your skills and complement other treatments you may offer. You have learnt that it is a legal requirement in the UK to conduct a patch test prior to treatment, and how to perform a patch test. Also, that a consultation with the client must be done before treatment, in order to ascertain what the client wants from the treatment, and any other issues (eg allergies) that you need to be aware of. You know to keep your treatment space clean and tidy, to follow health and safety requirements, and also to create a space that is inviting, relaxing and appropriate for beauty therapy treatments.

# Module 02: Tools of the Trade

- This module provided a comprehensive list of the equipment you will require
- Why and how to advise aftercare to clients

## In this module you will learn

- The equipment you will need to conduct eyelash tinting treatments for your clients
- How to provide effective aftercare information to the client

## Tools of the Trade - 06m 36s

### 2.1 Introduction

**Here we explain all the tools of the trade and all the equipment you will need to conduct eyelash tinting treatments for your clients.**

If you are already a practising beauty therapist, you may already have many of the items listed here but note that certain products are specific to lash treatments, for example, peroxide. You must use lash tinting peroxide only, as other types of peroxide are not mixed to a concentration suitable for working around the eyes.

### 2.2 Create a Relaxing Environment

**First thing's first, it is important to consider the kind of environment you wish to create for**

**your client.**

They are coming to receive a beauty treatment which you want to make as relaxing and therapeutic for them as you can. What is the atmosphere like in your treatment space? You may wish to consider decor, perhaps muted colours, a diffuser with essential oils and perhaps play some soothing music in the background. Yes, you are there to tint your client's lashes but don't forget they are coming for an experience that begins as soon as they arrive.

## **2.3 Equipment Required**

**In addition to your relaxing atmosphere, below is a list of all the equipment you will need.**

### **Client record card**

These are available from most good wholesalers, including Salon Services.

### **Couch**

The most comfortable experience for the client will be lying down, so a beauty or massage couch is ideal for eyelash tinting treatments.

### **Couch roll**

Make sure you have a supply of disposable soft paper covering to place over the couch and change between every client.

### **Towels and/or blankets**

Depending on the kind of environment you wish to create, provide covers for your client to lie on or under so that they feel warm and comfortable. Ensure all towels and blankets are freshly laundered and smell fresh.

### **Makeup remover**

Make sure you have a gentle yet highly effective eye makeup remover.

### **Barrier cream**

We recommend petroleum jelly or any other non-allergenic barrier cream.

### **Cotton wool pads, to be dampened**

Ensure you have a plentiful supply of circular cotton wool pads, and access to clean water.

### **Tint dishes**

Aim to have more than one, so that you always have a spare in case of breakage, or can conduct multiple tints in one session, if you are qualified to do so (e.g. eyebrow and eyelash tinting)

### **Tint colours**

Ensure you have a variety of colours so that you can mix if need be. The core colours we recommend are blue-black (the darkest), black, brown and grey. The tint colours will often come with peroxide for mixing. Only use the peroxide supplied for eyelash tinting; other peroxides are not safe for use around the eyes.

### **Orange sticks or eyelash tinting brushes**

These are for applying the barrier cream, mixing the tint and applying the tint onto the eyelashes. Either orange sticks or eyelash tinting brushes will do the job, so it's down to your preference.

### **Barbicide**

This is used for sterilising your equipment. Read the instructions carefully and ensure you have containers to mix it up in and to put your scissors and tweezers into.

### **Scissors**

These are to be stored in Barbicide, in a small glass jar. We recommend the one that comes with the Barbicide, which details how to measure the Barbicide concentration correctly.

### **Tweezers**

Store these in your Barbicide. You may or may not use them, so make sure they are always clean and at the ready.

### **Hairclip**

You may need a hairclip to keep the client's hair away from their face.

### **Timer**

A watch, phone or clock will do. Anything that will enable you to monitor how long you leave the tint on and ensure you don't exceed the time stated by the manufacturer.

### **Handheld mirror**

You will want to be able to hand the client a mirror at the end of the treatment so that they can instantly see their beautifully tinted lashes.

## 2.4 Aftercare

Following the treatment, make sure that you have given the client information about aftercare and answer any questions they may have. If you have recommended any products to your client, send them a digital copy of the list of whatever you have recommended.

Remind them that they may book their next tint in 4-6 weeks and that tinting more regularly than this is not recommended as the chemicals can degrade the health of the eyelashes through overuse.

### Assignment

#### Tools of the Trade

*Estimated time: 30+ minutes*

Work your way through this worksheet to see how well you have really done in absorbing the relevant information.

Download the worksheet below and complete.

[Download Worksheet](#)

### SUMMARY

This module has provided you with a list of all the tools of the trade and equipment you will need to conduct eyelash tinting treatments for your clients. It also advised why and how you should provide valuable aftercare information for your clients.

# Module 03: How to Conduct an Eyelash Tint Treatment

- By video and written content you have been given a complete step by step guide on how to conduct an eyelash tint treatment.

## In this module you will learn

- Step by step procedure on how to conduct an eyelash tint treatment.

## 3.1 Introduction

**This module will show you a step by step guide on how to conduct an eyelash treatment.**

Before you begin any treatment, it is vital to make sure that you have set up your treatment space properly. You don't want to risk coming across as unprofessional as a result of not having something conveniently to hand or being flustered because you can't find something you need. Again, ensure that your treatment space feels inviting, tidy and relaxing.

## 3.2 Overview of a Session Treatment

**Before you watch the video, here is an overview of how your eyelash tinting session will run:**

1. Initial consultation and patch testing
2. Client ushered to the couch, treatment begins
3. Explain the procedure
4. Remove all eye makeup

5. Prepare cotton pads if not already done - cut in half with a slight curve to sit beneath the eyes
6. Apply petroleum jelly or barrier cream beneath the lower lashes
7. Apply petroleum jelly or barrier cream onto the cut cotton wool pads and place onto the area beneath the eyes just covered with the same jelly or cream
8. Mix the tint according to the colour agreed with the client
9. Apply the tint
10. Wait 10 minutes (or time specified by tint manufacturer's instructions)
11. While waiting, clean your tint dish, orange stick and dispose of any used items
12. After 10 minutes, remove the tint, continuing to wipe the eyes clean until no residue remains
13. Hand the client the mirror and discuss aftercare

## **How to Conduct an Eyelash Tint Treatment - 27m 56s**

You may wish to watch the video several times and pause to observe the close-ups to see the manual techniques and make your own notes. However, here is a detailed summary of the video demonstration.

### **Initial consultation and patch testing**

Ensure that you have consulted with the client to find out what colour they desire for their tint, and whether they have any known allergies to any of the products you will use - explain what you will be using, and check they are happy.

Conduct the tint patch test on the client as per the tint manufacturer's instructions. Ensure that you wait for the entire duration of the required time.

If there is any reaction to the patch test, do not continue with the treatment.

### **Invite the client to the couch**

Ensure that the client is comfortable, warm enough and relaxed. Offer them support under the knees to prevent any back pain; a rolled towel works well for this. Explain the whole procedure in a calm and reassuring manner.

## **Remove all eye makeup**

Explain what you're doing as you go so that no movements are unexpected for the client and they feel relaxed knowing what is coming next.

Use a damp cotton wool pad to thoroughly remove all traces of eye makeup, using the following steps:

- Ask the client to close their eyes
- Place the cotton wool pads over the lashes
- Let the product seep gently into the lashes; avoid rubbing the eyes
- Working on one eye at a time, support the skin at the brow (as shown) and gently wipe down the lashes with the cotton wool
- Then support the other side of the eye (as shown) and wipe up from underneath the lashes. Continue until all eye makeup is gone
- Dispose of the cotton wool pads and ask the client to open their eyes so that you can do a final check for no residue

Note: Make sure that you use one cotton wool pad at a time, for each eye. Do not use the same pad on both eyes at any time. This is to prevent any risk of cross-contamination between the eyes.

## **Cut cotton wool pads or select pre-cut pads**

Use scissors to cut cotton wool pads in half across their diameter, cutting a gentle curve into each half so that the dampened pads can sit beneath the eyes like half-moons. Position the cut pads beside the client.

## **Apply petroleum jelly/barrier cream**

Explain what you are doing as you go: the application of barrier cream will prevent staining on the skin by the tint once it has been applied.

- Apply the petroleum jelly/barrier cream to the back of your hand
- Apply it from your hand onto an orange stick or an eyelash tinting brush
- Ask the client to look up and explain you will be putting the jelly/cream underneath their lashes

- Gently push the orange stick across the skin beneath the eye, one eye at a time. If nervous, use a cotton bud as these are softer
- Coat the prepared, cut cotton wool pads with a thick layer of the jelly/cream, too
- Ask the client to look up, then position each half-moon cotton wool pad jelly-side down, onto the jelly-covered skin
- Take your time to position it so that **ALL** lower lashes rest on top of the cotton wool pad
- Ask the client to close their eyes. Reposition the cotton wool pad if it moves, again ensure **ALL** lashes rest atop the cotton wool
- Only proceed when you are 100% happy that all lashes are on top of the cotton wool pad

### **Mix the tint colour**

Explain that you are mixing the tint. Do so by referring to the manufacturer's instructions, only using the peroxide you are instructed to use. Do not mix in advance as the tint will only be in its active state for between 10 and 15 minutes.

- Add a small amount to the tint dish, then add a few drops of peroxide (as instructed) and mix with an orange stick
- Check the consistency: it should be thick enough so that it doesn't drip off the orange stick immediately, but not excessively thick

### **Apply the tint**

Explain that you are about to apply the tint. Make sure that you don't spill the tint onto the client's face, or yourself, as it can cause staining. Position yourself safely so that you can hold the tint dish close to the client's face to minimise the risk of dripping. Tell the client you are now applying the tint to their lashes:

- Apply the tint with the orange stick or eyelash tinting brush to the client's lashes, in a downward motion, explaining what you're doing
- Coat the lashes by gently patting the product into the lashes
- Coat the top and bottom, and make sure you are covering the whole lash, right to the root

- Avoid excess contact with the skin: you want to apply the product right up to the lash-line, as an evenly applied line of tint along it creates a stunning look, but be careful not to create 'blobs' or smudges

Note: If you wish to be extra cautious, you can apply petroleum jelly/barrier cream to the upper eyelid in addition to beneath the eye.

**Leave the tint for approximately 10 minutes (depending on the manufacturer's instructions)**

Explain to the client that they can relax with their eyes closed for the duration. Make sure to keep an eye on the time. To make this a more enjoyable and relaxing experience for them, place a damp cotton wool pad, folded in half, over each eye. This makes it darker for the client, and more comfortable.

It's up to you what you do at this stage, but you must not go out of earshot of the client. You can clean your orange stick, remove any excess tint and dispose of any used cotton wool pads. Spray your tint dish with sanitiser and wipe clean, ready for its next use. You may wish to sit quietly with the client, or if you are qualified to do so, offer them another treatment, such as eyebrow definition, as they wait.

Note: Only attempt this if you are very confident with both treatments.

**After the allotted time, remove the tint**

Explain to the client that it's now time to remove the tint.

- Ask the client to keep their eyes closed until you ask them to reopen them
- Work on one eye until almost no tint residue remains before moving to the other eye
- Use the damp cotton wool pads already on their eyelids to remove the tint: support the eye (as shown) with one hand, then with the other, pinch the cotton wool pad together over the lashes, and wipe, taking the tint with the pad
- Using another fresh damp cotton wool pad or two, continue to wipe the eye, supporting the eye as you do so, and keep wiping until the pad comes back clean, working both over and under the eye. Dispose of used pads
- When one eye is done, repeat on the other eye with fresh cotton wool pads

Note: Avoid getting the tint on your fingers as it will stain; work carefully yet quickly as you don't want to leave the tint on for too long.

## **What to do if the client gets tint in their eye**

If tint touches the eyeball, it will sting. The best way to deal with this is straightforward and very effective:

- Reassure the client, and place damp cotton wool pads on top of their eyes
- Ask the client to rub their own eyes gently using the pads, blinking in between
- Explain to them that this will quickly clear any tint from contact with their eye and will relieve the stinging quickly

## **Finishing touches**

Using fresh, damp cotton wool pads, make sure that all residue of the tint is removed from between, above and below the lashes and lash lines, top and bottom. Check to make sure that all lashes are tinted.

Note: If there are some lashes untinted, you must advise the client, and offer to retint. This is something you want to avoid, as it is obviously time-consuming and not ideal to immediately re-expose the eyes and eyelashes to the tint chemicals.

Though they are safe, they are not designed for heavy or repetitive usage. This is why it is a great idea to practise on friends or family or willing volunteers before treating clients; this way you can approach your clients with experience and confidence.

Hand the client a mirror so that they can admire their beautifully tinted eyelashes!

## **Aftercare**

Advise the client about any products you may recommend, explain that you will send a digital list of anything discussed and, if appropriate, arrange the next appointment for 4-6 weeks.

## **Assignment**

### **How to Conduct an Eyelash Tint Treatment**

*Estimated time: 30+ minutes*

Work your way through this worksheet to see how well you have really done in absorbing the

relevant information.

Download the worksheet below and complete.

[Download Worksheet](#)

## **SUMMARY**

In this final module you learnt the complete procedure for conducting an eyelash tint treatment. This was broken down step by step, as detailed in both the video and the module's written content,