

Lecture: Decision making phases

Goal: Learn about 7 phases of decision making process

7 phases of decision making process

1. Identify the decision we have to make

We have to make it clear what is our goal, what is that thing we have to decide on.

"I have to decide will I move to another country or not"
"I have to decide will I stay in relationship or not"

2. Gather information

Goal is to collect all possible information that we can use to decide something good or bad choice.

3. Identify alternatives / options

When we gather information we get some options. In this step we are listing all the options we have

4. Weigh the options

In this phase we are trying to compare pros and cons of every option (here we are using those collected informations)

5. Choose among alternatives / options

It's time to choose one option.

6. Take an action

It's time to actually do what we have decided to do

7. Review the decision

The final step is to see the outcome. Was our choice a good choice. If it's not, we can start the process again.