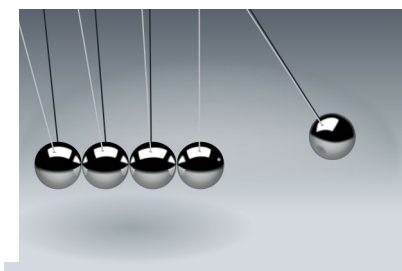




GOAL SETTING

MODULE 6: GOAL SETTING MOTIVATION DREAMS AND DESIRES

Action Steps... Getting
closer to reach my
goal



ACTION STEP

A big motivating factor in goal setting comes from the inner thoughts that one has—dreams that one dreams about. How do they align with the goals that you have set forward? Do they help you reach your destination? How can you use them as motivating factors in your life in order to keep on moving forward?

My dreams and desires merge with my long term and short term goals because:

My life long dream/desire is:

When I reach my goal I will be able to live my dream/desire; (You already know how your goals merge with your dreams, but how will your life be when you live your dream/desire)?