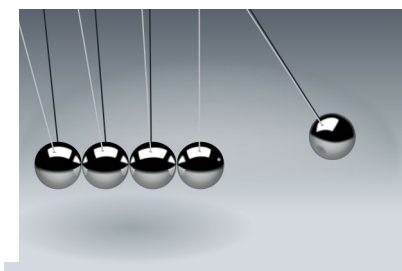




GOAL SETTING

MODULE 5: SHORT TERM GOALS SHORT TERM GOALS

Action Steps... Getting
closer to reach my
goal



ACTION STEP

A short term goal that goes hand-in-hand with my long term goals includes:

Writing this goal down in a SMART goal way, gives me the following goal:

I want to focus on this goal, knowing that I have the proper action steps, deadlines and motivations that will keep me moving forward.