**Assist Levels**

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| **Assistance Level** | **Abbreviation** | **Description** |
| Independence | I | All activities are performed without need of equipment, within normal time frame, without safety concerns, without help, without cues. |
| Modified Independence | Mod I | The individual requires any combination of the following:  • An assistive device  • More reasonable time  • Possible safety concerns |
| Supervision | S | At most requires *occasional* cueing or coaxing, but no physical contact. |
| Stand By Assistance | SBA | Per above, but someone must remain near them to ensure safety. |
| Contact Guard Assistance | CGA | Patient requires contact to maintain balance or to improve their stability. |
| Minimal Assistance | Min Assist | Patient can perform >75% of activity, only requires touching (at most), may require assistance with on extremity (arm OR leg, but not both). |
| Moderate Assistance | Mod Assist | Patient can perform 51% - 75% of activity, assistance required to assist with two extremities (any combination). |
| Maximum Assistance | Max Assist | Patient can perform 26% - 50% of activity. |
| Total Assistance | Total Assist | Patient can’t perform activity. |



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