FIRO - B

NAME:
Directions : Answer the questions keeping in mind different situations not just in your workplace but also social and personal life. Please place the NUMBER corresponding to the answer that best applies to you in the space at the left of the statement.
PLEASE BE AS HONEST AS YOU CAN
From Nos. 1 - 16, answer according to : (1) USUALLY (2) OFTEN (3) SOMETIMES (4) OCCASIONALLY (5) RARELY (6) NEVER
1. I try to be with people.
2. I let other people decide what to do.
3. I join social groups.
4. I try to have close relationships with people.
5. I tend to join social organizations when I have an opportunity.
6. I let other people strongly influence my actions.
7. I try to be included in informal social activities.
8. I try to have close personal relationships with people.
9. I try to include other people in my plans.
10. I let other people control my actions.
11. I try to have people around me.
12. I try to get close and personal with people.
13. When people are doing things together, I tend to join them.
14. I am easily led by people.
15. I try to avoid being alone.
16. I try to participate in group activities.

- - PLEASE BE AS HONEST AS YOU CAN --

-- From Nos. 17 - 40, answer according to:

(1) MOST PEOPLE (2) MANY PEOPLE (3) SOME PEOPLE (4) FEW PEOPLE (5) ONE OR TWO PEOPLE (6) NOBODY

 17.	I try to be friendly to people.
 18.	I let other people decide what I do.
 19.	My personal relationships with people are cold and distant.
 20.	I let other people take charge of things.
 21.	I try to have close relationships with people.
 22.	I let other people strongly influence my actions.
 23.	I try to get close and personal with people.
 24.	I let other people control my actions.
 25.	I act cool and distant with people.
 26.	I am easily led by people.
 27.	I try to have close, personal relationship with people.
 28.	I like people to invite me to things.
 29.	I like people to act close and personal with me.
 30.	I try to influence strongly the actions of other people.
 31.	I like people to invite me to join in their activities.
 32.	I like people to act close towards me.
 33.	I try to take charge of things when I am with people.
 34.	I like people to include me in their activities.
 35.	I like people to act cool and distant towards me.
 36.	I try to have other people do things the way I want them done.
 37.	I like people to ask me to participate in their discussions.
 38.	I like people to act friendly towards me.
 39.	I like people to invite me to participate in their activities.
 40.	I like people to act distant towards me.

-- PLEASE REMEMBER TO BE AS HONEST AS YOU CAN --

-- From Nos.41 - 54, answer according to:

(1) USUA	ALLY	(2) OFTEN (3) SOMETIMES (4) OCCASIONALLY (5) RARELY (6) NEVER
	41.	I try to be the dominant person when I am with people.
	42.	I like people to invite me to things.
	43.	I like people to act close towards me.
	44.	I try to have other people do things I want done.
	45.	I like people to invite me to join in their activities.
	46.	I like people to act cool and distant towards me.
	47.	I try to influence strongly other people's action.
	48.	I like people to include me in their activities.
	49.	I like people to act close and personal with me.
	50.	I try to take charge of things when I am with people.
	51.	I like people to invite me to participate in their activities.
	52.	I like people to act distant towards me.
	53.	I try to have other people do things the way I want them done.
	54.	I take charge of things when I am with people.

FIRO-B SCORING SHEET

Please refer to the scores written against each statement in the instrument. If the score for a particular statement falls within the range of scores mentioned in below. (Against each statement) put a tick mark in the relevant box, else leave it blank and go over to the next statement. Please note that all the statement along with their scoring ranges are not in any established sequence and you may have to search in different columns.

E-I	W-C	E-A	W-I	W-A	E-C
1. 🗆 1-2-3	2. 🗆 1-2-3-4	4. □ 1-2	28. 🗆 1-2	29. 🗆 1-2	30. □ 1-2-3
3. □ 1-2-3-4	6. 🗆 1-2-3-4	8. 🗆 1-2	31. 🗆 1-2	32. 🗆 1-2	33. 🗆 1-2-3
5. 🗆 1-2-3-4	10. 🗆 1-2-3	12. 🗆 1	34. 🗆 1-2	35. □ 5-6	36. □ 1-2
7. 🗆 1-2-3	14. 🗆 1-2-3	17. 🗆 1-2	37. □ 1	38. □ 1-2	41. 🗆 1-2-3-4
9. □1-2	18. 🗆 1-2-3	19. 🗆 4-5-6	39. □ 1	40. □ 5-6	44. 🗆 1-2-3
11□1-2	20. 🗆 1-2-3	21. 🗆 1-2	42. □ 1-2	43. 🗆 1	47. □ 1-2-3
13□1-2	22. 🗆 1-2-3-4	23. 🗆 1-2	45. □ 1-2	46. □ 5-6	50. 🗆 1-2
15□1	24. 🗆 1-2-3	25. 🗆 4-5-6	48. □ 1-2	49. □ 1-2	53. □1-2
16.□1	26. 🗆 1-2-3	27. 🗆 1-2	51. 🗆 1-2	52. □ 5-6	54. 🗆 1-2
Total Ticks	Total Ticks	Total Ticks	Total Ticks	Total Ticks	Total Ticks

Once you have completed the scoring, count the number of ticks in each column and write the total number of that column in the relevant cell of the table below.

For Example:

- The number of ticks for the first (EI) column will go in the first blank cell of the first row of the table below.
- The number of ticks for the second (WC) column will go in the second blank cell of the second row of the table below.

	I	C	A
E			
W			