



# Learn English: Health and Wellness with Mixed Conditionals

## Student Writing Practice

**Have you ever had a serious injury or a disease? What was the treatment you used for getting better? Is there anything you would have done differently?**

**Write one to two paragraphs, and use as many conditionals as possible in your paragraphs.**

When I was younger, I was involved in a car accident. Unfortunately, I broke my arm. The doctor told me that I had two options: I could have surgery, or I could rest my arm for a long time so it could heal itself. If I went for surgery, I would have needed a metal pin to hold my arm together. I would also have gotten stitches and spent a few nights in the hospital. There was no guarantee that the surgery would work, so I decided that I shouldn't get an operation. If I didn't have the surgery, I would have needed to go for physical therapy.

*I didn't want surgery, and my arm took a long time to heal. I had to go for many sessions of physical therapy, and I had to do a lot of exercises at home. If I didn't do my exercises, my arm wouldn't have healed well. It was difficult to be so dependent on my family to help me. Without my arm, I couldn't*



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## Writing Tips

The **concluding paragraph** is the last paragraph of an essay. The main function of the **concluding paragraph** (or **conclusion**) is to link the final paragraph to the first paragraph. It's the last thing your reader will see and also the last chance you have to explain your point of view/argument.

A good **concluding paragraph** does three things:

1. Summarizes what your essay is about;
2. Reinforces the main theme or idea of the essay; and
3. Explains the importance of your essay's argument.

Avoid introducing new ideas in the **concluding paragraph**.

**Be careful!** Avoid phrases like *to conclude*, *in conclusion*, *in summary*, or *to sum up* in your **conclusion**. Save these for oral presentations.



## Conclusion

The most important function of a concluding paragraph is to **summarize the main points** of your essay.

**Mental illness** is a global issue. We need to learn how to **recognize** signs of **mental illness**. We must **treat** those with **mental illness** with **respect** and **give** them the necessary **attention** they need. Doing so could **save** many people's **lives**.