

Learn English: Health and Wellness with Mixed Conditionals

Student Writing Practice

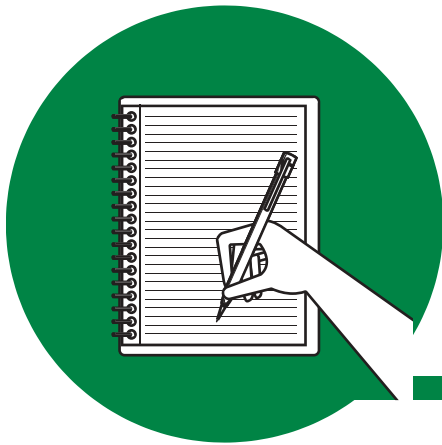
Have you ever had a serious injury or a disease? What was the treatment you used for getting better? Is there anything you would have done differently?

Write one to two paragraphs, and use as many conditionals as possible in your paragraphs.

When I was younger, I was involved in a car accident. Unfortunately, I broke my arm. The doctor told me that I had two options: I could have surgery, or I could rest my arm for a long time so it could heal itself. If I went for surgery, I would have needed a metal pin to hold my arm together. I would also have gotten stitches and spent a few nights in the hospital. There was no guarantee that the surgery would work, so I decided that I shouldn't get an operation. If I didn't have the surgery, I would have needed to go for physical therapy.

I didn't want surgery, and my arm took a long time to heal. I had to go for many sessions of physical therapy, and I had to do a lot of exercises at home. If I didn't do my exercises, my arm wouldn't have healed well. It was difficult to be so dependent on my family to help me. Without my arm, I couldn't

This image shows a blank sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.



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WritingTips

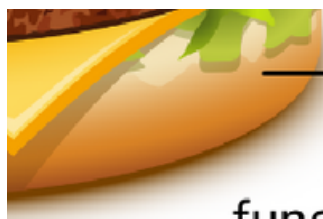
The **concluding paragraph** is the last paragraph of an essay. The main function of the **concluding paragraph** (or **conclusion**) is to link the final paragraph to the first paragraph. It's the last thing your reader will see and also the last chance you have to explain your point of view/argument.

A good **concluding paragraph** does three things:

1. Summarizes what your essay is about;
2. Reinforces the main theme or idea of the essay; and
3. Explains the importance of your essay's argument.

Avoid introducing new ideas in the **concluding paragraph**.

Be careful! Avoid phrases like *to conclude*, *in conclusion*, *in summary*, or *to sum up* in your **conclusion**. Save these for oral presentations.



Conclusion

The most important function of a concluding paragraph is to **summarize the main points** of your essay.

Mental illness is a global issue. We need to learn how to **recognize** signs of **mental illness**. We must **treat** those with **mental illness** with **respect** and **give** them the necessary **attention** they need. Doing so could **save** many people's **lives**.