



Confidence *PLANNER*

“Sometimes you need to look like you're confident,
even when you're not.” - Vanessa Hudgens

JANUARY

Things I Want to Achieve This Month

How My Confidence Will Help Me Achieve These Things

Obstacles I Might Face & How I Plan to Overcome Them

Progress / Setbacks

WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5

JANUARY 1

Thoughts on Boosting My Confidence

Things I Will Work on Today

Steps I Will Take

Day in Review

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Obstacles I Faced & How I Overcome Them

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Obstacles I Faced & How I Overcome Them

"You wouldn't worry so much about what others think if
you realized how seldom they do."
- Eleanor Roosevelt

FEBRUARY

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“When you have confidence, you can have a lot of fun. And when you have fun, you can do amazing things.”
- Joe Namath

MARCH

Things I Want to Achieve This Month

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Progress / Setbacks

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MARCH 3

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“Successful people have fear, they have doubts, and they have worries. They just don't let these feelings stop them. ”
- T. Harv Eker

APRIL

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Progress / Setbacks

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APRIL 2

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APRIL 3

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"Too many people overvalue what they are not and undervalue what they are." - Malcolm Forbes

MAY

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“If you believe it will work out, you'll see opportunities. If you believe it won't, you'll see obstacles.”
- Wayne Dyer

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“With each step you take, you will grow stronger, more skilled,
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- Mark Victor Hansen

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“Know your value. Confidence breeds success. Act like the person you want to become, and people will start seeing you as that person.”
- Mark M. Ford

AUGUST

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"To conquer fear, don't sit home thinking about it.
Go out and get busy."
- Dale Carnegie

SEPTEMBER

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“You don't need to be accepted by others. You need to accept yourself.”
- Bindi Irwin

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"If you're presenting yourself with confidence, you
can pull off pretty much anything."
- Katy Perry

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**“Confidence comes not from always being right but
from not fearing to be wrong.”
- Peter McIntyre**

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