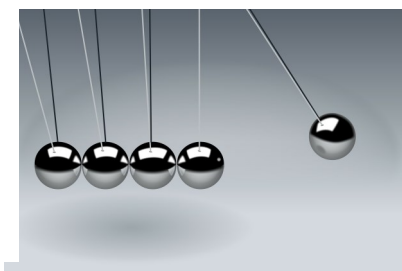




GOAL SETTING

MODULE 3: SMART GOALS SMART GOALS

Action Steps... Getting
closer to reach my
goal



ACTION STEP

My broad goal is:

After watching the lesson, breaking it down into SMART Goals, my goal looks like this:

S—

M—

A—

R—

T—

Putting it all together my new goal reads like this:

After reading examples, my goal reads like this: