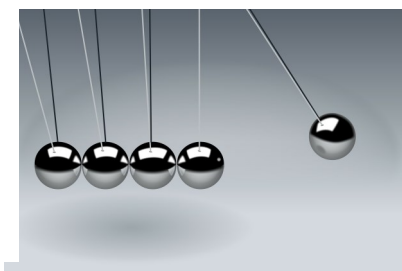




GOAL SETTING

MODULE 2: IDENTIFICATION
WHAT IS YOUR PERSONALITY?

Action Steps... Getting
closer to reach my
goal



ACTION STEP

There are many personality types. Knowing how I react to situations will allow me to learn more about myself in order to set out a plan to reach my goals.

The most comprehensive and accurate personality test is the Myers & Briggs personality test. They include:

Extraversion (E)

Introversion (I)

Sensing (S)

Intuition (N)

Thinking (T)

Feeling (F)

Judging (J)

Perceiving (P)

Those personalities yield to 16 results:

ISTJ	ISFJ	INFJ	INTJ
ISTP	ISFP	INFP	INTP
ESTP	ESFP	ENFP	ENTP
ESTJ	ESFJ	ENFP	ENTJ

There is a quiz that allows me to learn that type of personality I have. The Myers & Briggs foundation allows me to learn about my personality through the MBTI Indicator that is available by clicking [here](#).

ACTION STEP

Want to keep reading more?

There are other free options available where you are able to learn more about yourself:

- <http://storage.cloversites.com/churchoftheascensionandholytrinity/documents/myers%20briggs%20nlc%20test.pdf>
- <http://www.benning.army.mil/mcoe/eo/content/xls/Myers-Briggs%20Test.xls>
- <http://artofthinkingsmart.com/what-is-your-personality-type/>