

## Inspired Action

Action which is our physical response to an experience or thought is the natural result of momentum and the law of attraction. You get what you think about, then you take action depending on what type of thought it is. If it is a negative thought you will take negative action. Negative action usually appears as trying to fix something or make it better and is hard work on the other hand if it is a positive thought you will take positive inspired action. Positive thought creates positive action that comes in the form of inspiration which feels good. You act on the thoughts that are most in your mind at the moment. Only act if the inspiration feels good, inspiration which feels good is inspired from the larger nonphysical part of you, your Source. This is the part of you that contains infinite intelligence and knows the perfect way for you to gain all of the wealth, health and happiness that you desire. If you follow this inspiration then you'll be in the right place and meet the right people at the right time and will be led to all that you desire. It will be easy and effortless it won't be hard work.

Everything which happens to you and makes up your life experience is drawn to you by the powerful law of attraction's response to the thoughts you are thinking and the story you tell about your life. Everything the money that you earn or want, your health and vitality, your loving relationships everything is happening because of the story you tell yourself.

When you continue to tell the story of things that you don't want you think you are saying no to them but with the powerful law of attraction and momentum you are actually saying to the universe come to me more of what I don't want. So you need to change that story, tell a new story of what you do want. The more you find to appreciate the more the universe will send you things to appreciate. Deep down you know this is true because there isn't anything in the universe that contradicts this simple truth.

If you let your dominant intent be to revise and improve your story your life will become an ever improving reality.