

## Meet Chris I'd Love to Get to Know You

Since we are going to spend some time together in this course, I'd like to tell you a little about myself so you get to know who I am, where I came from and why you should even listen to me. You may notice from my accent that I am an Aussie. I live on the beautiful East coast of Australia very close to the most easterly point where along with the white sandy beaches there are lush green rainforests.

I'm an international bestselling author of the book, *Manifesting a New Life* and a fully trained and qualified Registered Nurse, Counsellor, Clinical Hypnotherapist and Law of Attraction Life Coach. And as you can tell from that, I love helping people.

Over 30 years ago now I developed a great desire to know more of what life was all about, and knew there had to be more to life than what I had been taught at home and school. I asked myself the big questions, who are we? And what is the nature of consciousness?

In the beginning of my search I believed that to be connected to Source and feel whole, I would have to work hard to perfect myself and heal issues around my past. I soon found that didn't work because as soon as I had sorted one thing out, there was always something more to be fixed

Then one day I had a powerful realisation. My search had ended. I experienced clarity and knowing on a very powerful and personal level. I realised that source is here, and is as much here in this moment, in this place and in me as it ever will be. I could not do anything else to be more connected to source than I already was. In other words you can never go anywhere else and find more God or source than right here and now. Who I am is and has always been one with Source, and this connection can never be lost, no matter how I feel or what I am creating in my life. We are extensions of source energy. We never lose our way, and can never get it wrong. We are just on an eternal path to more and more. After this experience I knew that I no longer had to perfect myself to know and feel my connection to Source and all that is.

Once I realised this, my attitude to life became more trusting and accepting. And because of this I discovered how to create my reality more deliberately using the *Law of Attraction* and feeling good. That was when life began to truly change for me. Whenever I became aware of not feeling good, I would simply focus my attention on finding better feeling thoughts. When I did this the law of attraction would bring me more good feeling thoughts, feelings, experiences and people.

Through using the principles of the *Law of Attraction*, my wife Rhea and I have become financially free and could choose whether to work or not, in less than five

years. When we first met we were living on a very small annual income and were only working part-time. The difference was we felt good in our lives and didn't worry about money or not having enough.

This was the perfect mindset from which to attract wealth and well-being into our lives. We were not actually looking to become rich or wealthy, we were just living a comfortable and happy life, feeling as if we had everything we needed.

Over the next five years we managed to build a large property portfolio with some hard work and a lot of allowing. Now, with hindsight, I see that it was our feel good attitude and beliefs around money that attracted our new-found wealth. We were in the ideal emotional state to attract wealth and did so with relative ease. We now fill our time with the things we love to do like yoga, tennis, Tai Chi and walking on the beach or in the rainforest. We also love travelling and have travelled all over this magnificent world experiencing diverse cultures and stunning natural vistas.

With over 30 years studying personal development and spiritual growth I have done the hard yards; I've made all the mistakes so you don't have to. I'm passionate about sharing that knowledge and empowering others so they too can enjoy a life of increased prosperity, loving relationships, vibrant health and blissful joy that comes from creating your life the way YOU want it to be and achieving your goals and dreams.

For now, thanks for your time and I'll talk to you in the next lecture. Which will explain why feeling good is the most important thing you can do when creating what you want.