

## Love Yourself As You Are

The next thing that is helpful in manifesting everything you want is to know that you will never be complete or finished and happily you never will be. Imagine getting everything you want right now and not wanting anything else. That would truly be the end of this wonderful journey for you. It would be like eating all the excellent food you were meant to eat for the rest of your life all at once. I know I wouldn't want that. I like the way a meal comes just at the right time, and I can enjoy that meal in that moment and know the next one will come when I need and desire it. Fortunately we are eternal beings, that's why we will never get to a place where we are totally complete and so we can't get it wrong.

Also remember that the true essence of who you are is an extension of the nonphysical, expressing as form in physical reality. You are perfect and worthy as you are; all you are doing here is having an experience of physical reality where you get to create whatever you choose. Once you know how. When you get what you want, you will simply want something more. Life continues to expand and grow. Your life is supposed to feel good to you because you have deliberately chosen to be here to create your dreams and desires.

You are forever growing and expanding, while at the same time, you are perfect where you are at any given moment. In other words, wherever you are right now is exactly where you need to be on your path to manifesting what you want. And when you get what you want, you will continue to want more and align with your continual evolution.

The basic understanding that is the foundation of this work is that well-being is our inherent state of being. We don't have to create well-being and we don't have to fix ourselves or the world around us to experience it; we just need to stop the resistant thoughts that hold us back from experiencing our natural well-being.

Also remember that the true essence of who you are is *Pure Conscious Awareness*, expressing itself as form in physical reality, and we are much more than we generally think we are. And so, in the broader scheme of things, nothing has ever really gone wrong and nothing needs to be fixed within you. I know it might not always feel this way but you are perfect and completely worthy of all you want. We are here to help expand the universe. And we are doing a great job, so relax and know that all is well.

Embrace where you are now, love who you are and who you are becoming. Source (which is your Inner Being) always accepts who you are and loves you completely and unconditionally. That is why when you don't feel good your feeling guidance system is telling you that your inner being does not agree with that

thought or feeling. Your inner being is always loving and accepting you no matter what.