

## Quantum Physics and the Law of Attraction

Quantum physicists have proven that thoughts are what hold together this ever-changing energy field into the 'objects' that we see, our thoughts are like the glue that holds this reality together.

Science tells us that atoms, the building blocks of everything in our world, are 99.9% empty space but that space is not empty it is filled with energy or information so no matter how solid our world appears it is actually almost pure energy and information. Through this understanding they have studied how consciousness does change the world and our bodies at an energetic level.

They discovered when they studied the small particles of subatomic matter that it was only when they were observed and focused on that these particles would even show up otherwise it would disappear back into the energy information field. So in essence the scientists have discovered that physical matter only exists when it is observed and given our focus and attention. Therefore they have in fact proven that our minds do have a powerful effect on physical matter. In other words our consciousness which is made up of our thoughts and emotions does indeed create our reality.

Everything you see in our physical world started as an idea. You literally become what you think about most. Your life becomes what you have imagined and believed in most. The world is literally your mirror, enabling you to experience in the physical plane what you hold as your truth ... until you change it.

Quantum physics shows us that the world is not the hard and unchangeable thing it may appear to be. Instead, it is a very fluid place continuously built up using our individual and collective thoughts and emotions.

You and I are mostly pure energy. Energy that is constantly changing beneath the surface and you control it all with your powerful mind.

From a quantum perspective when we mentally and emotionally rehearse a wanted future it is not idle daydreaming. It is actually choosing a new future which we can observe into reality and intentionally manifest a desired reality. What we usually do because we haven't understood this, is we create by default, which means what we have been taught to think and believe by family and society and also by observing what is, which simply creates the same patterns and experiences to be repeated.

Now we know we have the power which creates worlds within our minds we can now choose to create how we want to experience our lives which means creating by design rather than by default, our design. By focusing more on what you do want and less on what you don't want you can observe into existence whatever you desire

and reduce what you no longer want. So creating your reality the way you desire is not some fantasy but in fact quantum reality.

In this course I will show you scientifically proven methods and tools to be able to change your energy and the thoughts you are thinking so rather than creating by default you will create everything you truly desire by your own design.