

Table 1 British Dyslexia Association – adult dyslexia checklist (1994)

YES NO

- 1 Do you find difficulty telling left from right?
- 2 Is map reading or finding your way to a strange place confusing?
- 3 Do you dislike reading aloud?
- 4 Do you take longer than you should to read a page of a book?
- 5 Do you find it difficult to remember the sense of what you have read?
- 6 Do you dislike reading long books?
- 7 Is your spelling poor?
- 8 Is your writing difficult to read?
- 9 Do you get confused if you have to speak in public?
- 10 Do you find it difficult to take messages on the telephone and pass them on correctly?
- 11 When you have to say a long word, do you sometimes find it difficult to get all the sounds in the right order?
- 12 Do you find it difficult to do sums in your head without using your fingers or paper?
- 13 When using the telephone, do you tend to get the numbers mixed up when you dial?
- 14 Do you find it difficult to say the months of the year forwards in a fluent manner?
- 15 Do you find it difficult to say the months of the year backwards?
- 16 Do you mix up dates and times and miss appointments?
- 17 When writing cheques do you frequently find yourself making mistakes?
- 18 Do you find forms difficult and confusing?
- 19 Do you mix up bus numbers like 95 and 59?
- 20 Did you find it hard to learn your multiplication tables at school?