

How to Play Cello

Lesson 1

WATCH THE LESSON AT: <https://youtu.be/Yo9nrEWJ4JU>

*This is your confidential link. Please do not share, though some other course participants will have access to the same link.
Feel free to leave questions as comments on the video.*

Remember to always tune your instrument before playing or practicing

Parts of the Instrument

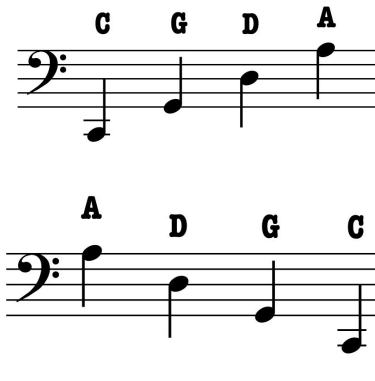
- see next page for visual guide

Posture

- sturdy chair with no arms
- make sure chair isn't too short; knees should come out straight from hips
- sit on the edge of chair with a straight back
- knees should be aligned over ankles
- experiment with endpin length, starting around a foot
- cello should have a gradual lean to your body and making contact near the center of the chest, neck coming over your left shoulder
- you should not need to hold the cello with any hands or with your legs

Open String Names

- starting from bottom (lowest string), Cats Go Down Alleys, C-G-D-A

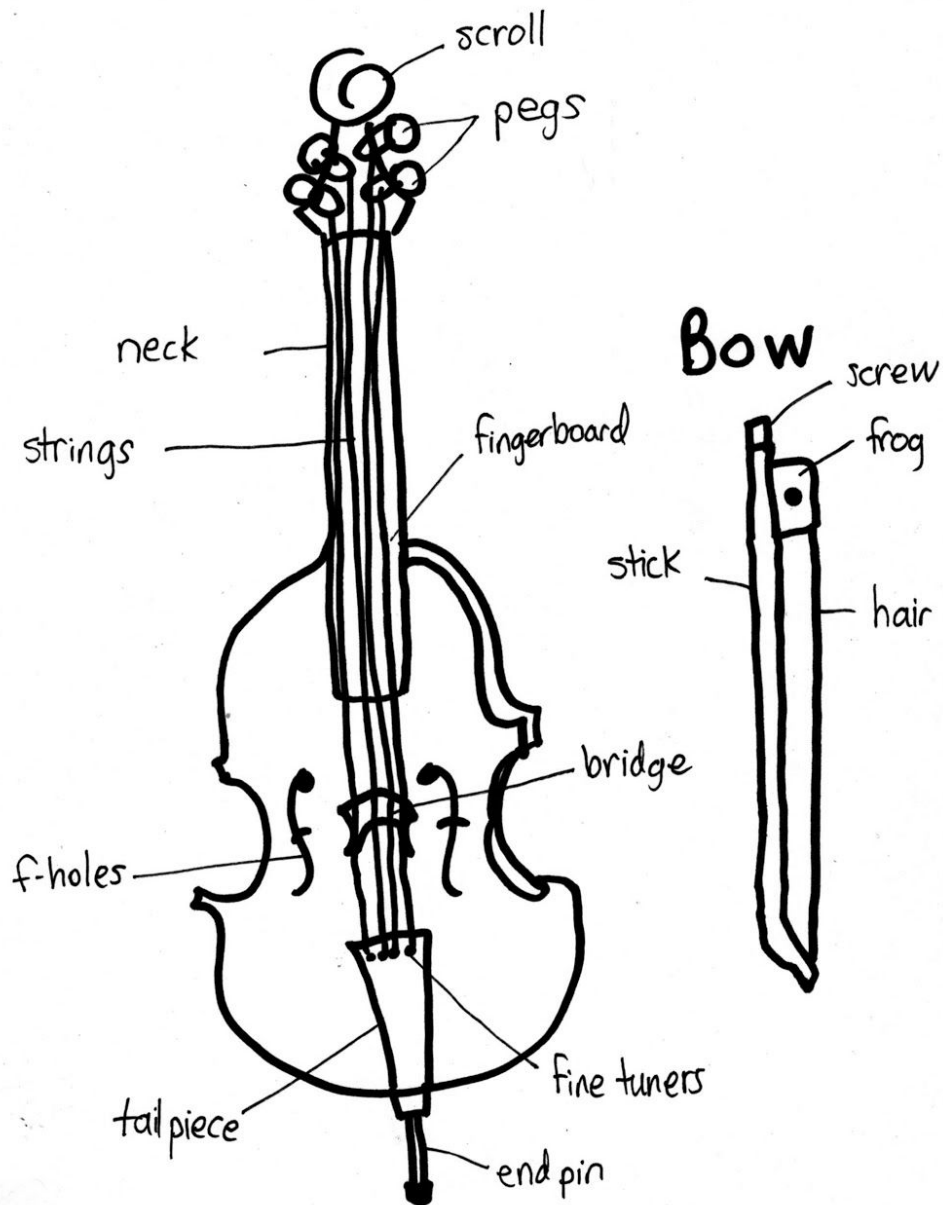


Pizzicato/Plucking

- anchor your right thumb on the C-string side of your fingerboard
- use first finger (index/pointer finger) to pluck/*pizzicato* the strings
- work on plucking each open string 4 times each in even rhythm

To Practice: work on sitting in good posture and plucking open strings while saying the names

Parts of the Cello



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Thank you for enrolling in Emily's How to Play Cello course! If you enjoy the course, please recommend it to others. Please do not share the unlisted links with anyone as all views on the video are monitored. You may leave questions in the comment section on the videos. For feedback and other inquiries, email emilyplayscello@gmail.com with subject line "Cello Course"