

## How To Treat Your Dog's Ear Infection Naturally And Without Side Effects.

Did you know that ear infections are said to be the main reason that people take their dog or cat to a vet, other than with life threatening illnesses?

And did you also know that on many occasions these infections could be treated naturally without reoccurring incidences?

Now I know that giving you tips and advice on how to do this naturally is not going to make me very popular with vets, but I realized a long time ago that not everyone always likes what I say (it certainly would be a boring world if we were all the same) and it's impossible to please everyone.

To be honest I no longer try!

So fasten your seat belts, because here we go...

The number one root cause of many illnesses in our pets is due to insufficient nutrients and inadequate ingredients in their food and diet as a whole. This can be further aggravated by exposure to environmental toxins.

The number one solution to avoiding illness is to have a good diet (this is also true for us too!).

### **So let's look at what causes ear infections.**

1. Bacteria – they love a warm living area and a scratch or a cut close to or inside the ear canal can provide a very good breeding ground.
2. Allergies – both food and environmental. Food allergies can result in Candida, which is a yeast infection, that causes pain and inflammation.
3. A suppressed immune system – this could be due to reoccurring infections, overuse of antibiotics, allergies, hormonal imbalance and medication.
4. Ear mites – these are very small spider-like insects that like to live in the ears of dogs, cats and other small animals. They like nothing better than a moist, warm environment to set up home in, such as an ear canal, and cause irritation and inflammation in the process.
5. A foreign object – this could be something organic or non-organic that has lodged into the ear canal. Fox tail grasses found in fields can often be a culprit.

### **Symptoms that your dog may have an ear infection are:**

- A regular build-up of ear wax which returns within a day or two after being cleaned.

- Pain and sensitivity – your dog may turn their head or cry out when you touch their ears.
- Giddiness and/or being sick.
- Holding their head on one side.
- The ear flap and ear canal are red and inflamed.
- Persistent and repeated scratching of their ear.
- Excessive shaking of their head.
- A nasty smell.

#### **4 natural remedies for treating ear infections.**

1. Apple Cider Vinegar – this has anti-bacterial, anti-fungal and anti-viral properties and is great for any infection as long as there's no open wound (it will sting). It must be raw or unfiltered in order to be the most effective. Braggs organic apple cider vinegar or Raw Health organic raw cider vinegar with mother are good choices.

2. Colloidal Silver Water or Gel Ear drops – Silver has powerful natural broad spectrum antibiotic properties and quickens the healing process. It is also a brilliant antiseptic, anti-fungal and disinfectant agent. (This can be purchased online.)

3. Garlic and Mullein oil ear drops – Mullein contains anti-microbial and anti-viral properties. Garlic is a natural broad spectrum antibiotic. This can be purchased online or you can make your own (google garlic and mullein oil for dogs).

4. Garlic oil ear drops – Garlic is often used as a natural antibiotic. It also has many other healing properties such as being an antioxidant, anti-allergen, anti-fungal and anti-carcinogenic. This can be purchased online or you can make it yourself (google garlic oil for dogs).

You may have heard that garlic is bad for dogs. The confusion about whether garlic is good or bad seems to have arisen because of its close cousin, the onion.

Both garlic and onion contain thiosulphate, the substance responsible for causing 'Heinix Factor' which is anaemia in dogs. However the amount of thiosulphate found in garlic is much lower than in onions, in fact the amount in garlic is barely traceable!

When I worked in my complementary therapy practice my motto was:

'Treat the cause and the symptoms magically disappear'.

It is a motto that remains with me today and forever more

By using the natural remedies above you will treat the 'cause' which means no reoccurring infections and no side effects.

Vet's do an amazing job and at times their services are invaluable. Give the remedies above a try but naturally if you are in any doubt about your pet's health you should seek professional help from a qualified vet.