

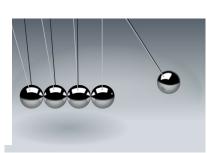
## GOAL SETTING

MODULE 8: CALENDAR SCHEDULES

Action Steps... Getting closer to reach my goal







## **ACTION STEP**

Maintaining a schedule for what is important for you can give you clarity on your priorities in your life. Having 1-5 areas in your life can give you the opportunity to focus on those areas more than any other areas.

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1. Select the areas that are the most important to you.

2. Take a moment to look at your calendar and schedule and organize it so that both speak the same language. Having clarity in your every day responsibilities and your goals allows you to maximize your focus. Planning ahead keeps you ahead of the game.

If you need help selecting a calendar login here so you can go directly to Google Calendar or Apple Calendar. There are other apps and websites that you can use. Select the one that fits best.

http://www.knownsuccess.com/calendar.php