



# Course Images

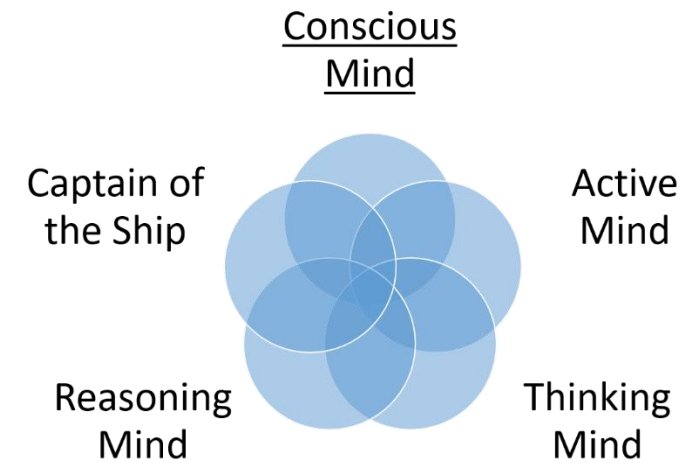
This document contains important images used during the presentation to augment your understanding. Hope it helps 😊



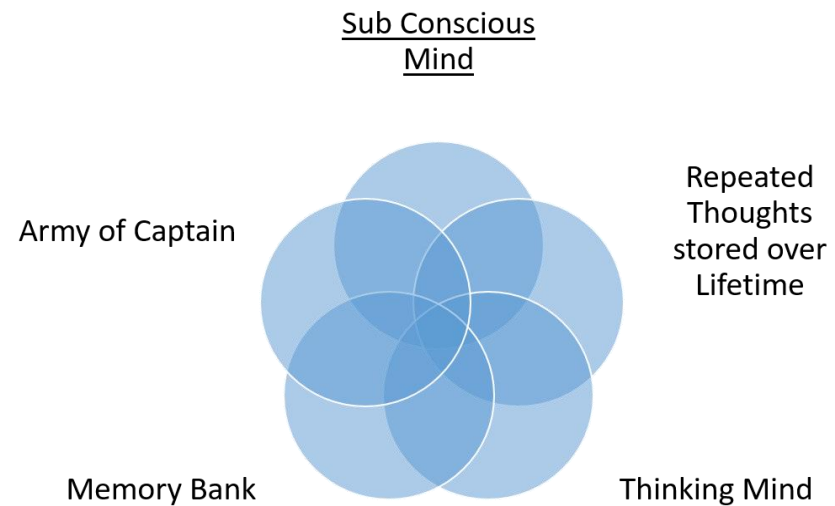
# Section 1: Knowing the Self

# All about beautiful mind

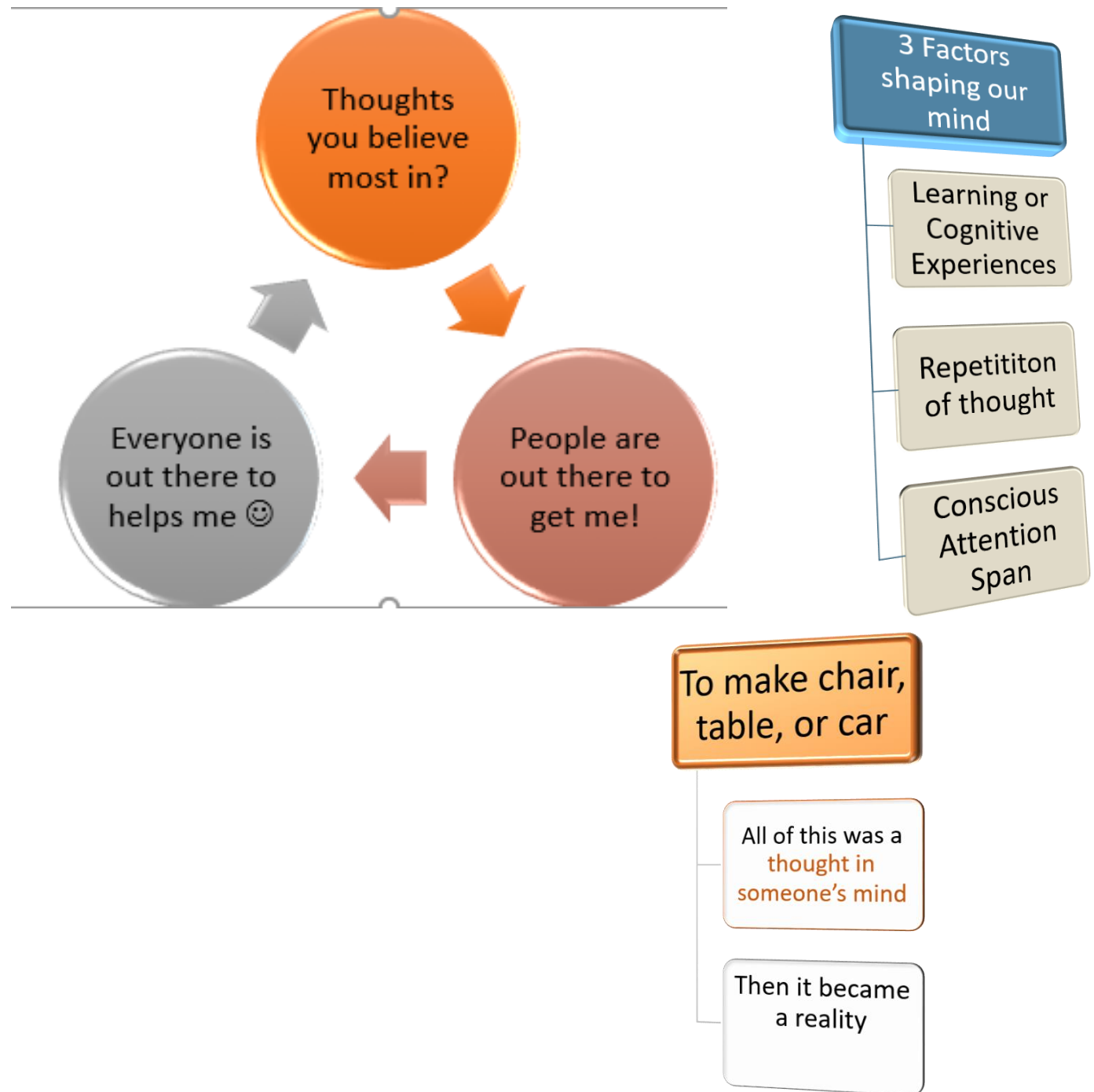
---



# Subconscious Mind



It's all about thoughts



# Toxic Thoughts Effects

---



# Rewiring toxic thought

---

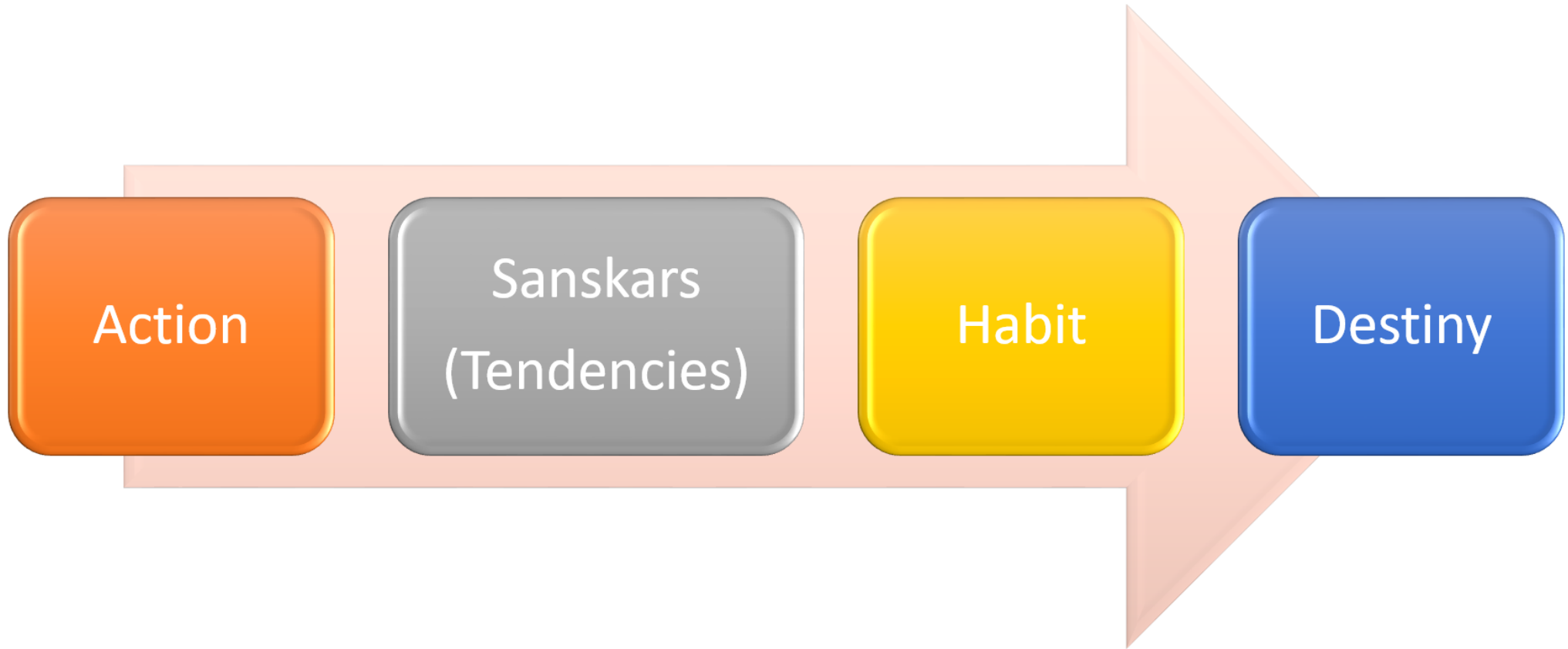
How to rewire a toxic thought?

Pay conscious attention on what you want to change

Consciously repeat positive statement whenever that thought comes

# Karma(Action) chain

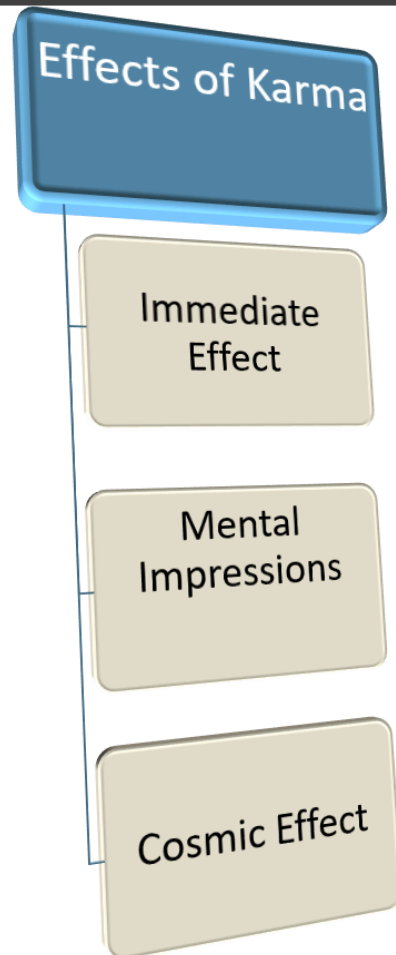
---





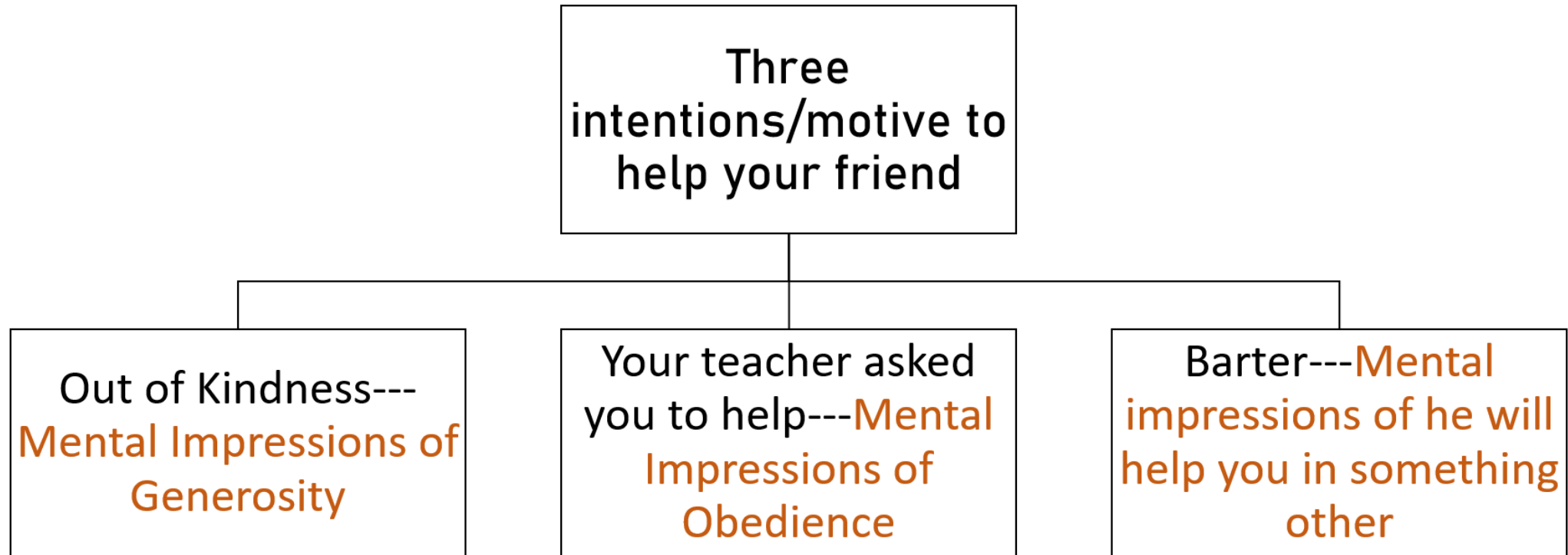
# Effects of Karma


---



# Karma Motives

---



The background is a solid black field. A large, thin white circle is centered on the left side. A thick, light green arc follows the bottom and right side of this circle. To the left of the circle, there are two horizontal white zigzag lines. Below the circle, there is a small solid light orange circle. To the right of the circle, there is a larger light orange circle with a white outline. Further to the right, there are four parallel white diagonal lines. In the bottom right corner, there is a large, solid light orange semi-circle.

## Section 2: Powers to Thrive

# Forgiving : Secret Power

Forgiving  
all  
including us is  
the key to  
experience a  
peaceful life

## Litmus test to forgiveness

- You stay calm and stable on listening the good news of the person who hurt you

# All on Happiness 😊

Happiness is  
right within you

It's all about  
how you train  
your mind

Good content  
through eyes  
& ears is key

Causes of  
Unhappiness

Neuropathways/  
Negative Training  
you have given to  
your mind

Dvesa(not  
knowing the  
source of  
happiness)

Relationship  
Faculties to  
Develop in  
oneself

Become Rich in these  
faculties for successful  
relationship

**Confidence**

**Maturity**

**Joy**

# Positive Thinking & Gratitude

---

## 3 Principles of Positive Thinking

What you repeatedly think, you become

What you repeatedly feel, you experience

What you imagine, you will create

Some of us are blessed with:

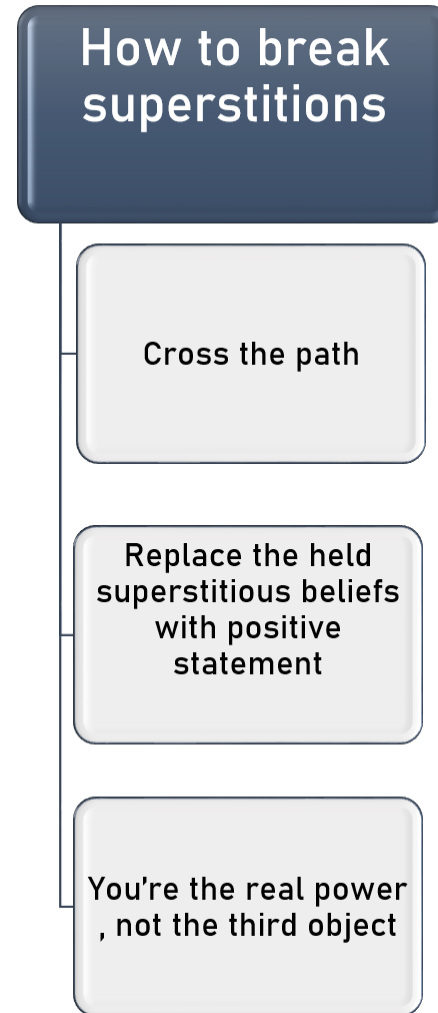
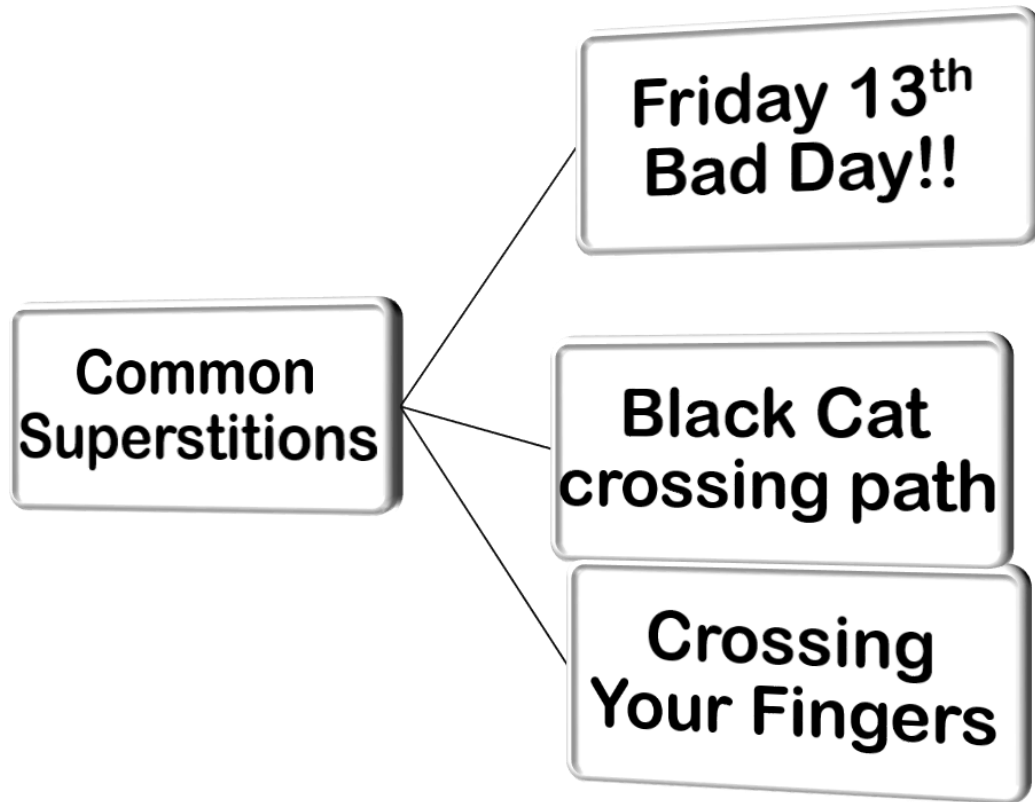
- Inheritance of money, house & a car
- Inheritance of great courage, great talent and great skill who can make that house, a car or a house
- Point is **we all are blessed**



# Section 3: Breaking the Broken



# Superstitions: Break Them



# New Weekdays: All Days are lucky and glorious

---



## Your New Days of the week

- Magnificent Monday
- Terrific Tuesday
- Wow Wednesday
- Tremendous Thursday
- Fabulous Friday
- Splendid Saturday
- Super Sunday



## Section 4: The Real Gold



# Decision Making Steps

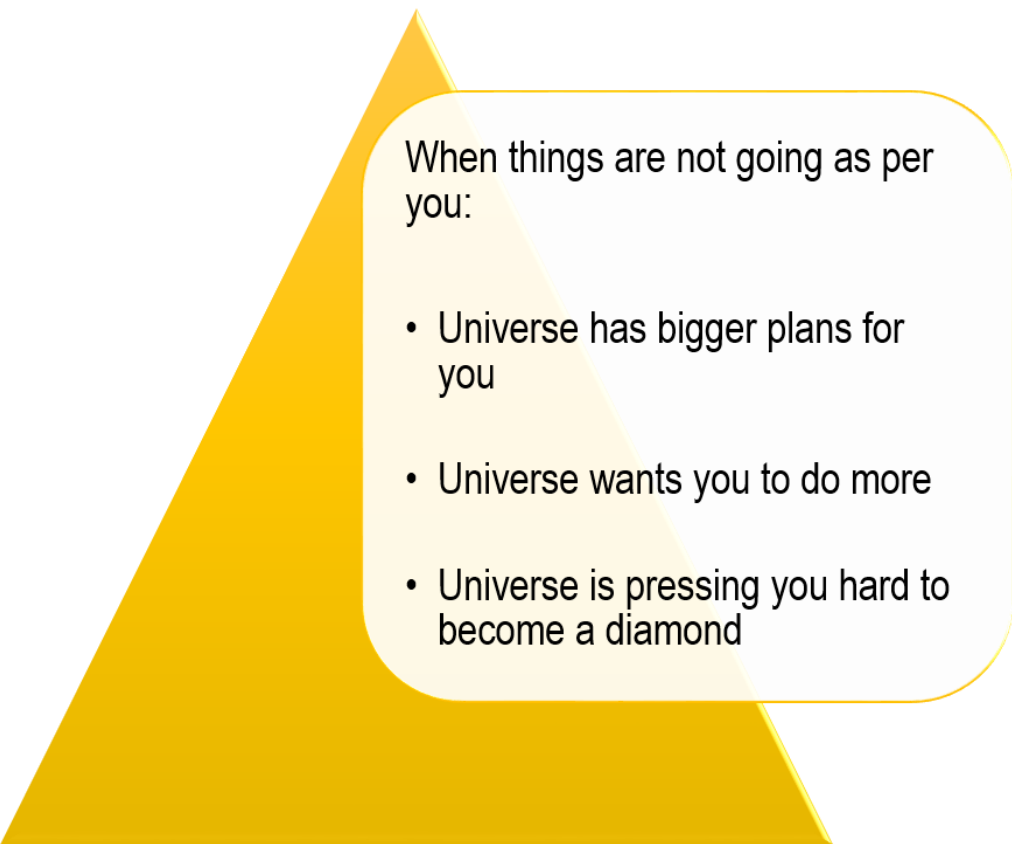
---

## Five Steps in Brief

- Know All Choices
- Know your mindset
- Differentiate between sreyas and preyas
- Conscious Deliberate Decision
- Remove Other Choices

# Plan of the Universe

---



When things are not going as per you:

- Universe has bigger plans for you
- Universe wants you to do more
- Universe is pressing you hard to become a diamond