

29. I want to stop being tired when I get home from work.
30. I want to feel satisfied inside with what I do and who I am.
31. I want to stop being a failure.
32. I want to be less worried.
33. I want to be more confident of my perceptions.
34. I want to stop being frightened of (and being intimidated by) other people.
35. I want to be more relaxed when meeting new people.
36. I want to stop feeling so clogged up and unhealthy.
37. I want to be really clear in my mind about why I choose to do something.
38. I want to have a job that is more compatible with my own inner nature.
39. I want to be able to deal with everything in a positive way, and have the attitude that I can really learn something positive and valuable from every experience.
40. I want to stop avoiding success.
41. I want to have an attractive boyfriend.
42. I want to stop being used as a door-mat.
43. I want to be able to feel comfortable with silences in a conversation.
44. I must stop day-dreaming about perfect relationships and get on with having one.
45. I want to have stronger hair.
46. I want to be able to deal with physical, emotional, and/or verbal intimidation.
47. I want to stop feeling guilty all of the time.
48. I want to get rid of my negativity.
49. I want to stop feeling depressed.
50. I want to increase my sense of purpose.
51. I want to improve my communication skills.
52. I want to stop feeling fat.
53. I want to feel good about who I am.
54. I want to smile more often.
55. I'd like to be more comfortable with my body.
56. I would like to meet a warm and loving man who would like to be in my life.
57. I want to stop being lonely.