

## **Feeling Good Unconditionally**

Everyone wants to feel good and if you can choose to feel good first without conditions changing, you will have attained manifesting mastery. Instead of needing the world and people around you to change before you feel good, you can feel good and watch the world change to match your good feeling.

You can appreciate this moment right now without conditions having to change, just feel good for no reason. We have been trained to react to situations. If the situation is something we want then we react by feeling good, on the other hand, if what is happening isn't something we want then we feel bad. What I am suggesting is having complete control over the way you feel by choosing to feel good no matter what condition is appearing, in other words feeling good unconditionally. Feeling good is the key to everything that you want. The formula again is feeling good plus the law of attraction equals everything you desire.

The more you practice feeling good for no reason the more you will realise feeling good is your choice. We are powerful beings and the greatest power we have is how we feel in the moment. It is all about focus and attitude, we as human beings have the power to change our focus, our beliefs and our attitudes and choose instead to be happy and feel good. We've let the conditions of reality matter too much rather than knowing we can control how we feel unconditionally, and if we feel good unconditionally then we will get all the physical conditions we want. The biggest mistake we make in trying to manifest our desires is needing those desires to manifest first to make us happy. We think the condition will make everything right, instead of feeling good then letting conditions come to add to that, but not to be the reason we feel good.

The truth is we as human beings have the power to not react negatively in a negative situation. We have the power to choose how we feel and we can choose to feel good and take control of our lives.

One of the other ways we slow down the manifestation of what we want is because we jump into action too early, before we feel good and focus on our vibrational energy. Most people believe that it is hard work and perseverance that will bring them their goals and desires. We have been taught this throughout our lives at home and in society. But I'd like to suggest a different way, that before we act, we align our thoughts and feelings with Source and find a way to feel good. When you do this first you will find that inspired action will come to you, first in the form of other good feeling thoughts and emotions then you will run into the right people that can help you at exactly the right time and when you do choose to act it will be because it

is inspired action, it will not feel like hard work it will feel good and simply be the next logical part of the process.

We often don't even realise the well-being which is occurring in every moment just to be alive. How the Sun creates the light and warmth of our world for us to survive. How the evaporation of water then creates the clouds which creates the rain which creates the rivers which give us our water, which we are mostly made up of. The trillions of cells working together in our body to keep our heart beating and our brain working. We often take for granted everything that is working in our life so we can experience this wonderful world. So rather than focusing on what isn't working focus on and appreciate everything that is.